

Name:

Class:

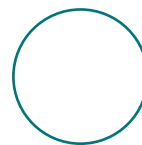
1 Look and write the words. Then draw pictures.



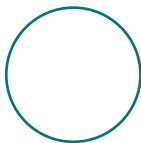
1 This is a



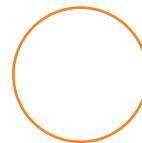
5 I've got



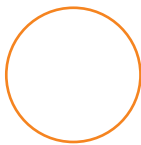
2 This is a



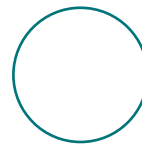
6 I've got



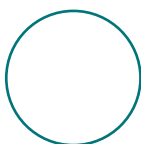
3 I've got a



7 I've got a



4 I've got a



8 I've got



2 Fingerspell two of the 'health' words for a partner.

Vocabulary: Health

Name:

Class:

1 Write the words in the story.

~~phoned~~ jumped shouted visited played listened to
watched landed looked at walked jumped

- 1 Yesterday, Daisy phoned Clara and Oliver. 'I need some apples,' she said.
- 2 Clara and Oliver _____ to the market square to buy the apples.
- 3 They _____ their grandmother to give her the apples.
- 4 Then they _____ in the park. It was sunny.
- 5 Suddenly, a spaceship _____.
- 6 A little monster was in the spaceship. Clara and Oliver _____ him.
- 7 It rained. The monster _____, 'Rain! Help!'
- 8 The children _____ him shout, 'Help!'
- 9 Clara and Oliver _____ in the puddles. They were happy.
- 10 The monster _____ them.
- 11 The monster _____ in the puddles too.
- 12 Everyone was happy!

2 Look and write the numbers of the sentences from Activity 1.



Language focus 1: Past simple: regular verbs

Name:

Class:

1 Use the code to find the verbs.

6	c	o	d	e	a
5	b	c	d	e	f
4	g	h	i	j	k
3	l	m	n	o	p
2	q	r	s	t	u
1	v	w	x	y	z
	A	B	C	D	E

1 E5-D5-A3-D2

felt

2 B1-E6-E4-D6 E2-E3

3 B1-D6-C3-D2

4 A4-C4-A1-D5

5 C2-E6-C4-C6

6 B4-E6-A1-D6

2 Write the verbs from Activity 1 in the chart.

	1 	2 	3 	4 	5 	6 
Present	feel					
Past	felt					

Language focus 2: Past simple: irregular verbs

Name:

Class:

1 Read, answer and colour the chart. Then check your score.

Quiz: How healthy are you?

How often do you ...



1 Do exercise?

- A Always. I play sport every day and I always walk or ride my bike.
- B Sometimes. I play a few times a week and I usually walk or ride my bike too.
- C Never. I think exercise is boring.

2 Eat fruit and vegetables?

- A Always. I always have fruit and vegetables with my lunch and dinner.
- B Sometimes. I don't really like fruit and vegetables but eat them because I have to.
- C Never. I prefer chocolate and pizza.

3 Go out and get fresh air?

- A Always. I always sit outside or go for a walk in the fresh air.
- B Sometimes. I go outside a few times in the week.
- C Never. I don't like going outside.

4 Go to sleep early?

- A Always. Sleep helps us grow stronger and healthier. We feel better in the morning too.
- B Sometimes. Sleep is important but I like to stay up late and watch TV or do something else.
- C Never. I've got too many things to do at night!

5 Rest?

- A Always. I always rest after school. I read a book or magazine, watch TV or just lie down a little.
- B Sometimes. I try to rest during the week and on the weekends but not every day.
- C Never. I can't sit still.

6 _____

- A Always.
- B Sometimes.
- C Never.

Your score:

	A	B	C
1			
2			
3			
4			
5			
6			

Mostly As:

Wow! You are a health freak! Good for you! Keep it up.

Mostly Bs:

This is great. But is there anything you can do to be a little healthier?

Mostly Cs:

You should try to keep healthy because you can get ill. What can you do today to start?