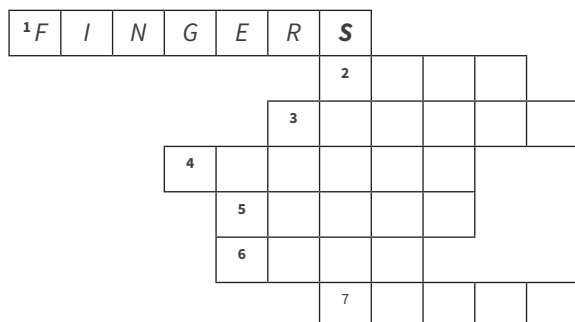


- 1** Read the clues and complete the puzzle. Find the mystery word and write your own clue for it.



- 1 Most people have eight of these on their hands.
- 2 Most people have ten of these on their feet
- 3 You can find this in your mouth.
- 4 Most people have two of these on their hands.
- 5 This is what controls the body.
- 6 This is always behind you.
- 7 This sends the blood around the body.

**Mystery word:** .....

**Clue for the mystery word:** .....

- 2** Choose the correct options to complete the sentences.

- 1 I banged my foot and hurt my (toe) / heart / tongue.
- 2 Kasim was playing football yesterday when he hurt his ankle / blood / stomach.
- 3 She cut herself on a piece of glass and lost a lot of heart / blood / brain.
- 4 I've had a bad cold for days and now my left ear / brain / blood hurts and I can't hear very well.
- 5 I was sitting at my desk studying all day and now my thumb / ankle / neck is sore.

- 3** Complete the sentences with a suitable adjective.

- 1 Someone who is l a z y makes no effort to do things.
- 2 A c \_\_\_\_\_ person believes they can do anything.
- 3 If someone feels e \_\_\_\_\_, they feel shy or ashamed of themselves.
- 4 A l \_\_\_\_\_ person feels sad because they feel they are alone.
- 5 Someone who is w \_\_\_\_\_ is thinking about negative things that might happen.
- 6 A person who is s \_\_\_\_\_ experiences an unexpected feeling.
- 7 A f \_\_\_\_\_ person is helpful and kind to others.
- 8 An u \_\_\_\_\_ person is not pleased with a situation.
- 9 If someone is a \_\_\_\_\_, they want to shout at people for doing things they dislike.
- 10 A person who is u \_\_\_\_\_ feels sad and unhappy.

- 4** Underline and correct the mistakes in eight of the sentences.

- 1 I'm feeling lonely because I don't want to leave this school. unhappy.....
- 2 Grace was very surprised when her dog died and cried for days. ....
- 3 I was so lonely when James didn't recognise me at the party. I went bright red. ....
- 4 I've practised the piano every day, so I'm confident I'll pass the exam. ....
- 5 I'm really embarrassed about our cat; I haven't seen it for three days now. ....
- 6 The old lady on our street always looks worried. I don't think she has any family. ....
- 7 Pete was so unhappy when he found out he got 100% on his test. ....
- 8 Lara is so lazy; she never helps around the house. ....
- 9 Gina is very angry and always helps the new students on their first day. ....
- 10 Dad was so lazy when he saw the broken window. He started shouting very loudly. ....

- 5** Complete the text with suitable words.

What kind of person are you? Are you usually happy and <sup>1</sup> c onfident .....? Or do you get <sup>2</sup> u ..... easily? Teenagers are under a lot of pressure nowadays so it's not uncommon for them to be <sup>3</sup> w ..... about their body and its changes. They may also feel <sup>4</sup> l ..... because they don't know who they can talk to. People often feel <sup>5</sup> e ..... and uncomfortable talking to other people about their bodies or health issues. Taking care of yourself is one way to feel better. Eating healthily means a healthy body and exercise is good for your <sup>6</sup> h ..... It's important to sleep well too because sleep recharges the <sup>7</sup> b ..... and provides energy for the following day. Obviously, you need to study but it's important to <sup>8</sup> h ..... fun too, so make sure you <sup>9</sup> s ..... time with your friends. Take up a hobby too: read a book or start collecting something. You might be <sup>10</sup> s ..... by how good you feel.