

ВИДАВНИЦТВО

ЛІНГВІСТ

PREPARE

for School Exams

STUDENT'S BOOK

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HOUSE LINGUIST

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1

NEW YEAR, NEW CHALLENGE

ABOUT YOU

What are your aims and ambitions at school this year?
Which subjects do you like the most?

VOCABULARY

Education: phrasal verbs

1 Do the quiz below. Compare your answers in pairs.

2 >> Turn to page 120 and check your results. Who feels the most optimistic about the new school year? Why?

3 Match the phrasal verbs in the quiz to the meanings.

EP 0 say the words of a text aloud *read out*

- 1 remain while others leave
- 2 do an activity with others
- 3 distribute something to people
- 4 do something to see if you like it
- 5 give written work to a teacher
- 6 decide to do something later
- 7 finish classes at the end of term
- 8 make progress
- 9 write something so you don't forget it
- 10 be accepted into a group or team
- 11 try to get or achieve something
- 12 understand something

01 4 Listen to two people talking about the quiz. Answer the questions.

- 1 Whose first day back was the most difficult? Why?
- 2 Who is the most enthusiastic about doing the quiz?
- 3 What did Sophie learn from the quiz?
- 4 Who feels the most optimistic about the new school year?

01 5 Listen again. What are Niall's and Sophie's answers to the quiz?

1 Niall - a Sophie - b

6 Complete the questions with the correct form of the phrasal verbs from the quiz. Then ask and answer the questions.

- 1 What happens if you homework late at your school?
- 2 Do you ever have to your work aloud in front of the whole class?
- 3 Are you generally good at solutions to problems by yourself?
- 4 Do you ever have to after class? Why?
- 5 Is there a party or celebration at school when you for the holidays?
- 6 Do you like group activities or do you prefer doing things independently?
- 7 Have you to any teams this year?
- 8 Do you like new experiences or do you tend to stick with what you know?

READING

1 Read the first paragraph of the article on page 11. What is a *mindset*?

2 Read the whole article and tick (✓) the areas of life that your mindset can affect.

- | | |
|--|---|
| a <input type="checkbox"/> success at work | d <input type="checkbox"/> education |
| b <input type="checkbox"/> health | e <input type="checkbox"/> attitude to sports |
| c <input type="checkbox"/> friendships | |

BACK-2-SCHOOL

Are you the type of person who's into every challenge and new opportunity? Or do you take a more independent, chilled-out approach to life?

DO OUR QUIZ AND FIND OUT!



- 1 It's the start of the school year. You ...
 - a can't wait until you **break up** for the next holidays.
 - b feel optimistic - you think you'll **get on** well this year.
- 2 Your teacher **reads out** some information about an exam. You ...
 - a **note down** all the details in case you forget them.
 - b don't do anything. You'll **figure it out** at the end of term.
- 3 You see a poster asking people to join the school swimming team. You ...
 - a don't bother trying. You know you won't **get in**.
 - b decide to **go for** it. It's a cool opportunity.
- 4 You are asked to fill in a form with some personal information. You ...
 - a agree and promise you'll **hand it in** soon.
 - b **stay behind** and complete it before you go home.
- 5 Your teacher **gives out** information about clubs and societies at school. You ...
 - a don't listen. You never **join in** after-school activities.
 - b are pleased. You can't wait to **try out** something new.
- 6 You have a lot of homework this week. You ...
 - a start right away - you never **put things off**.
 - b relax - there's plenty of time later in the week!

THIS PAGE WILL CHANGE YOUR LIFE

Growth mindset –
transform your
mind forever

Are you wondering how to get on better at school? Have you ever felt that you're good at some things but not at others? Then perhaps it's time to start thinking differently about school, and even yourself. Carol Dweck, a Professor of Psychology from Stanford University, says people may not **be aware of** their own 'mindset', but mindsets have a huge influence on learning, **skills development**, personal relationships and **professional achievement**. Your mindset determines your attitude to your abilities. For example, you might consider yourself to be good (or bad) at sport or maths or languages. Or you might feel that you can be good at anything if you try hard enough.

What mindset do you have? To find out, consider these situations:

1 You read a short message in English, but it's hard to understand. What would you think?

- a It's no use! I'm just not very good at languages.
- b I haven't studied English for long, but one day I'll be able to read this.

2 You try to join a school sports team, but you fail to get in. What do you say to yourself?

- a It's because I'm not good at sport.
- b I'm not good enough yet, but if I train, I might get in next time.

These situations illustrate the difference between fixed and growth mindsets. People with a fixed mindset tend to answer a) to both questions. People with a growth mindset tend to answer b).

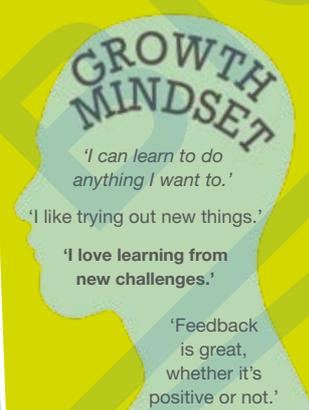
FIXED MINDSET PEOPLE ...

- think they are born with the ability to be good at some things and not at others.
- believe that success comes from talent rather than effort.
- don't feel that they can change what they're like as a person.
- dislike failure and focus on what they are 'good' at – they avoid difficult challenges and things they're not 'good' at.
- like doing well at tasks that will get a reward or please their school or parents, for example getting top marks in an exam.



GROWTH MINDSET PEOPLE ...

- think they are born with the ability to be good at anything if they try hard enough.
- believe that success comes from effort rather than talent.
- like adapting to new situations and challenges.
- don't mind failure and they learn from it – they'd never think 'I'm no good at this' or 'There's no use even trying.'
- do things for their own sake – for example, they might join a team because they find it personally rewarding, not because they want praise.



Did you ¹..... that when we learn something new, or when we ²..... to concentrate to figure out an answer to a problem, our body creates new nerve connections within the brain? People with a growth mindset are always trying out new things and developing their skills and abilities, and ³..... their brains are always growing.

Do you want to get the most out of your education? Do you want a content and prosperous life? There's no question that adopting a 'growth mindset' is the best decision you could ever make about your future. If you don't already **take the** growth mindset **approach** (and most people don't!), the question you should be asking yourself is not ⁴..... I change the way I see myself? ... the big question is ⁵..... quickly can I change?

3 Look at the gaps in the last paragraph and at the options.

Decide which answer (A, B, C or D) best fits each gap.

- | | | | |
|------------|---------|---------|-----------|
| 1 A know | B knew | C known | D knowing |
| 2 A can | B may | C must | D have |
| 3 A such | B so | C that | D then |
| 4 A Should | B Could | C Ought | D Have |
| 5 A When | B What | C How | D Why |

4 Match the **highlighted** words and phrases in the article to the meanings. Then write one sentence for each phrase.

- 1 do things in a certain way
- 2 know that something exists
- 3 getting better at doing things

4 doing well in your career

5 do things simply because you like doing them

5 Discuss the questions.

- 1 What mindset do you have? (Answer the two questions in the article.)
- 2 Read the five character descriptors for your mindset. Do you agree?



TALKING POINTS

Are there any advantages to having a fixed mindset?

Do you think that this page will change your life?

GRAMMAR

Question forms

1 Read the examples. Then complete the rules with the words in the box.

- Are you **wondering** how to get on better at school?
- Have you ever **felt** that you're good at ...?
- What mindset **do** you **have**?
- Did you **know** that when we learn something ...?
- Should I **change** the way I see myself?
- How quickly **can** I **change**?

are before does have

To form questions:

- in simple tenses, we add _____, *do* or *did* before the subject.
- in perfect tenses, we put *has*, _____ or *had* before the subject.
- in continuous tenses, we put *am*, *is*, _____, *was* or *were* before the subject.
- with modal verbs, we put the modal verb _____ the subject.

2 Complete the questions with *you* and the correct form of the verbs in bold in the answers.

- Have you studied English for a long time?
Yes, I've **studied** it for eight years.
- How _____ this term?
I'm **getting on** quite well, thanks.
- _____ any interesting clubs at your school?
Yes, you can **join** all sorts of clubs.
- _____ any homework this week?
Yes, I've **handed in** an essay for history.
- _____ your homework before or after dinner?
I **do** my homework before dinner.
- What _____ about in your last English lesson?
We **were talking** about growth mindset.

3 Correct the mistake in each question.

- There is a new drama teacher?
- Did they passed their end-of-year exams?
- Have you consider my offer yet?
- What I should study next?
- How much the extra classes do cost?

Subject and object questions

4 Read the examples. Then complete the rules with *statement* or *question*.

Subject question

- Who** helps you? My **teacher** helps me.

Object question

- Who** do you help? We help **younger children**.

- Object questions ask about the object. They use the same word order as a _____.
- Subject questions ask about the subject. They use the same word order as a _____.

5 Complete the questions with the words given.

- do you know / knows you
 - 'Who _____ in this class?' 'I only know you.'
 - 'Who _____ in this class?' 'Only you know me.'
- did Carl call / called Carl
 - 'Who _____?' 'He called a few classmates.'
 - 'Who _____?' 'A classmate called him.'
- damaged their car / did their car damage
 - 'What _____?' 'It damaged a wall.'
 - 'What _____?' 'A tree that fell on it.'

6 Write two questions about each sentence: one with *what* and one with *who*.

- Suzanne Collins wrote *The Hunger Games* books.
What did Suzanne Collins write?
Who wrote The Hunger Games books?
- Gary Ross directed *Ocean's Eight*.
- Elon Musk started SpaceX and Tesla.
- Brazil has won the FIFA World Cup five times.
- Cristiano Ronaldo has been voted the world's best male football player five times.

VOCABULARY

Education: -ion nouns

1 Read the examples. Then form nouns with *-ion* from the verbs.



educate: Do you want to get the most out of your **education**?

decide: Adopting a 'growth mindset' is the best **decision** you could ever make.

- | | | |
|----------|-----------|------------|
| 1 act | 3 prepare | 5 permit |
| 2 invent | 4 discuss | 6 register |

2 Complete the text with the singular or plural noun form of the verbs given in capitals.

Getting the best out of yourself

There's a new book out about self-⁰**motivation** and how to get the best out of yourself. The ¹_____ has some interesting facts about the human brain, and the ²_____ between learning and brain development. There's also a glossary where you can read ³_____ of key terms such as 'self-efficacy' and 'growth mindset'. The glossary's useful because you really need to know these ⁴_____ as you read the book. I've read the whole book now and I've tried a ⁵_____ of the techniques it mentions. It's definitely helped me with my ⁶_____ and my ability to focus on reaching certain goals I've set for myself. There are a few case studies of specific issues that people have had, with ⁷_____ of how they overcame those issues. It ends with ⁸_____ for simple exercises you can try out to see what works for you.

MOTIVATE
INTRODUCE

CONNECT

DEFINE

EXPRESS

SELECT

CONCENTRATE

EXPLAIN

RECOMMEND

WRITING

Informal/semi-formal letter

1 Read the two exam tasks and the two letters. Which letter goes with which task?

- You have received a letter from your new English pen-friend in which he/she tells you some things about himself/herself. Write a letter to your pen-friend and tell him/her
 - about yourself and your family
 - some things about your home and area
 - about your hobbies and interests
- You have seen an advertisement for a language course and would like more information about it. Write a letter to the language school and
 - explain which dates you are interested in doing a course
 - tell what you would like to learn and do there
 - ask for more information about what the course fees include

a

Dear Sir/Madam,

I am writing to request information about the language course you advertise on your website. I would like to know if there are courses available in August, as that is the month when I am free to study.

I am interested in improving my speaking skills, so I wonder if you organise any conversation classes? As I would be taking the course during my summer break, and have never been to the UK before, finding out more about the country and having the opportunity to visit different cities and important places locally would be ideal. Does your school offer a cultural and social programme as well as classes?

Finally, I would be grateful if you could clarify what is included in the course fees. Is accommodation covered? And what options do you offer for accommodation? I would prefer to stay with other students rather than live with a family. Is this possible?

I'm looking forward to your reply.

Yours sincerely,

Anna Harvick

b

Hi, Marie!

Thank you for your letter and for telling me some things about yourself. I'm writing back to tell you a few things about me.

As you know, my name is Karl, and I'm German. Like you, I'm sixteen years old, but my family is much smaller than yours. I only have one sister, Ingrid, who's thirteen. My father works at a bank, and my mother's an office manager.

I was born in a small town in the north of the country, but my family moved to Frankfurt when I was five. We live in an apartment near the city centre. It's a nice apartment, especially on sunny days. There's a park opposite where we can walk the dog.

I study at a Gymnasium, which is a large secondary school. I'm studying sciences and maths, and I'd like to go to university and study engineering. In my free time, I like doing sports. I think it's important to keep fit, and I can spend time with my friends.

Well, I must go now as I have a basketball match!

Write back soon!

Best,

Karl

2 Which letter uses contractions? Do contractions make your writing more or less formal?



PREPARE TO WRITE Style

	Semi-formal	Informal
Sent to	Professionals	Family & friends
Format	Strict format	Free format
Voice used	Active	Passive
Length	Usually short	Usually long
Contractions	Used rarely	Used widely

3 Complete the table with the equivalents from the other letter.

Semi-formal	Informal
	Hi, Marie!
Looking forward to your reply.	
	Best,
Anna Harvick	

4 Now, write a letter of at least 150 words to complete Task 1 from Exercise 1. Do not write your own name, any dates, addresses, or other personal information. Start your letter in an appropriate way.

